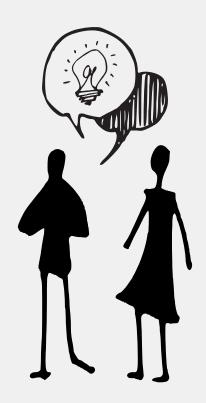
PLAY BOOK

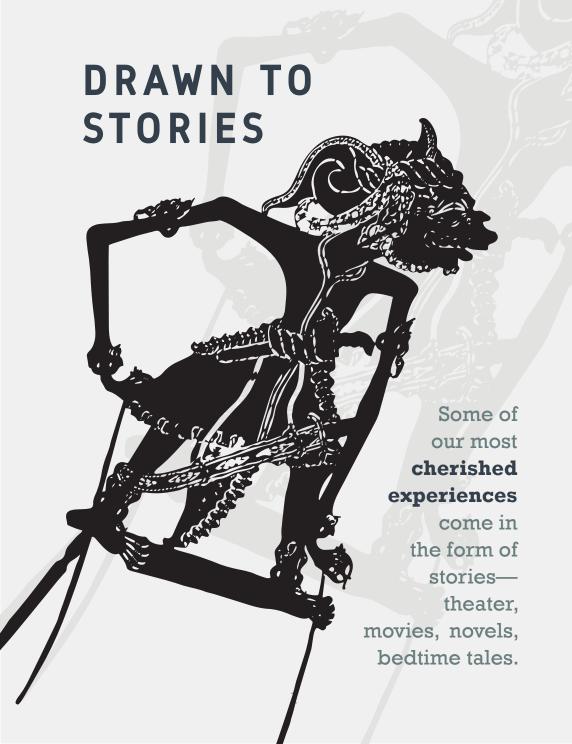
STORY-FICATION



"I want to tell you a story."

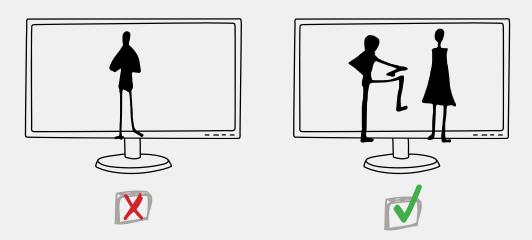


If you want to grab someone's **attention**, there isn't a better way to start than with those words.



PERSUASIVENESS

Stories are more compelling.

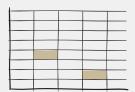


Ads are **viewed more positively** when in narrative form.

Information labeled 'fiction' lowers critical resistance.

Source: Escalas, Vanderbilt University; Green, University of North Carolina.

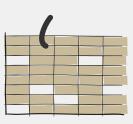
SUPERLEARNING





Memory of information without narrative.

22x





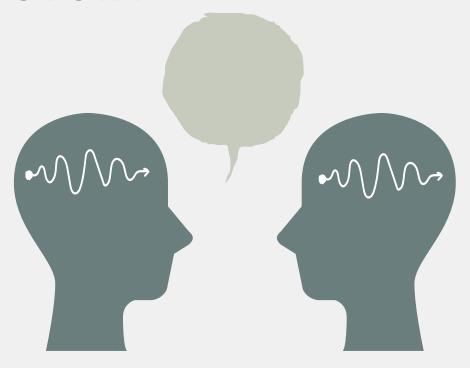
Memory of information with narrative.

Source: Jennifer Aaker, Stanford Business School.

"What makes stories so good?"

(Spoiler alert.)

WIRED FOR STORY

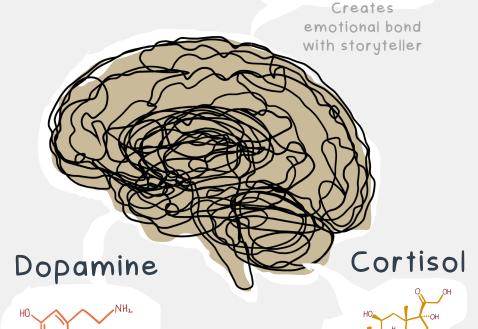


A Princeton study found that a listener's **brainwaves sync** with the speaker's when hearing a story.

Source: Hasson et al., "Speaker-Listener Neural Coupling Underlies Successful Communication".

Hormones released while experiencing a story.



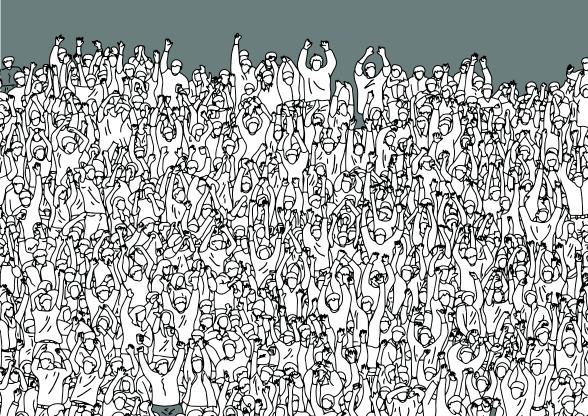


Activates reward cycle

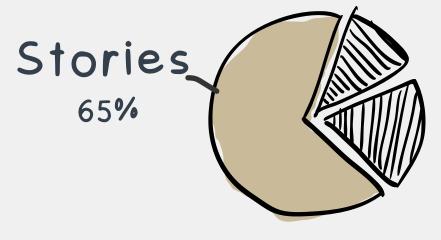
Strengthens memory

Source: Paul J. Zak, "Why Inspiring Stories Make Us React".

Everyone wants a good story.



EVERYWHERE YOU TURN



Public Conversations

Narrative content like **anecdotes** and **gossip** makes up the vast majority of public conversation.

Source: Robin Dunbar, "Gossip in Evolutionary Perspective".

STORYTELLING IN BUSINESS



In business, stories can:

- Humanize branding,
- Communicate strategy
- Strengthen corporate culture

"So, just add stories to my presentation, right?"

(Wrong.)

TWO STORY ERRORS

Often, adding stories results in one of two errors:

(1.)

Added stories are entertaining but irrelevant.





(2.)

Added stories are relevant but **mundane**.

Instead of adding stories on top of your point,

make your point into a story.

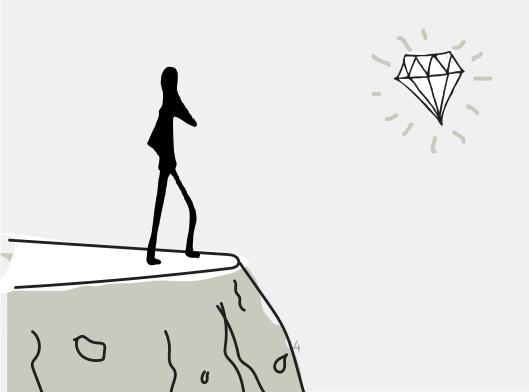
Storyfy

(n.)

To give content the form and character of a story.

Here's how:

To achieve the benefits of a story, you need to have the right structure.



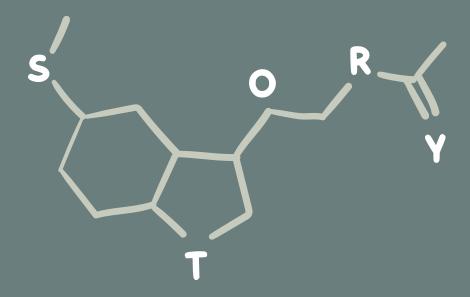
STORY PATTERN



A story is not just a series of random events.



A story is a set of characters and actions **arranged precisely** to evoke an emotional response.

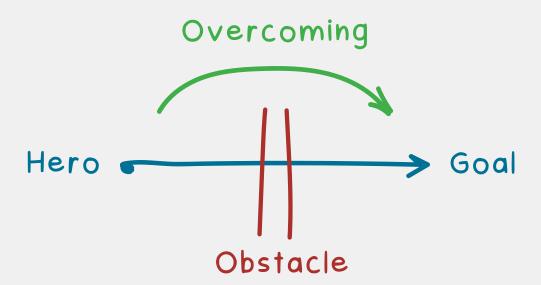


So, what is the structure of a story?

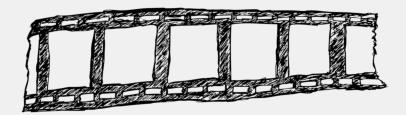
UNIVERSAL STORY

All good stories share the same core structure:

A hero, with a goal, is blocked by some obstacle, that he must overcome.



Sound familiar?



Star Wars

"A young farmer must learn the ways of an ancient mystical order to rescue a princess and help a group of rebels fight an evil intergalactic empire."

Pride and Prejudice

"The second of five sisters must learn humility and respectability to fend off disreputable suitors and win the love of a wealthy land owner."

The Godfather

"The black sheep of a crime family must assume power and levy justice to protect his family from rival families."

Every kind of story has this same basic structure:

Movies V



Novels 🔽



Stage Plays 🚺



Fairy Tales



Video Games 🚺



Cocktail Party Anecdotes 🔽



New Journalism



Business Presentations 🚺

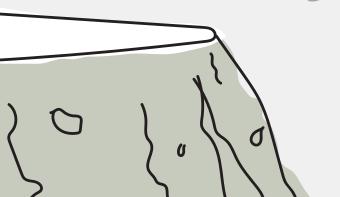


STORY FORMULA

To turn your content into a story, simply describe each of these in order:



(3) is blocked by some obstacle



(4) that he must overcome



To storyfy your point in business, convert each component:

Business Context

Hero	You, your team, your boss, or your clients
Goal	An achievement that every wants to accomplish
Obstacle	Something that's getting in the way of that accomplishment
Overcoming	This is the main takeaway that you want your audience to go home with, the initiative that you want them to support, or the product that you want to launch

Use the formula to create a story about anything:

Success Story

"Sarah, armed with a killer pitch and a smile brighter than her competitors' neon signs, bartered free rent for her fledgling bakery by promising the grumpy landlord sourdough to soften his crusty heart."

Product Launch

"We want to reach a 10 on our member satisfaction survey despite major noticeable rate increases and the way we'll do that is by new benefits in our membership program."

Strategic Vision

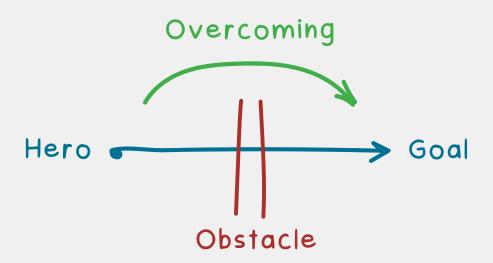
"In a world full of roses, be a sunflower."

"Structure really makes a difference!"

(You know it.)

MAKE IT POP

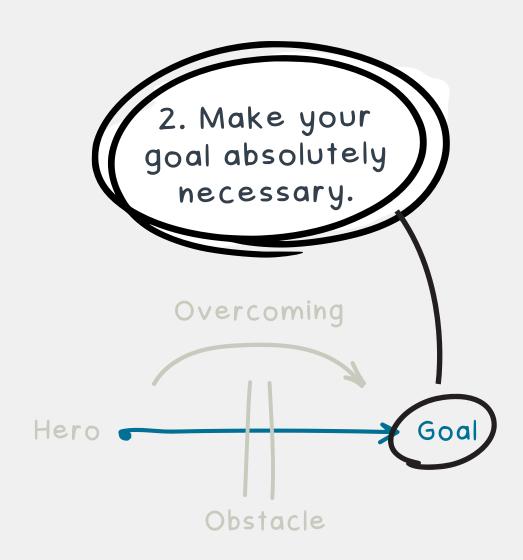
To make the most of your story structure, **emphasize each component** as much as possible:



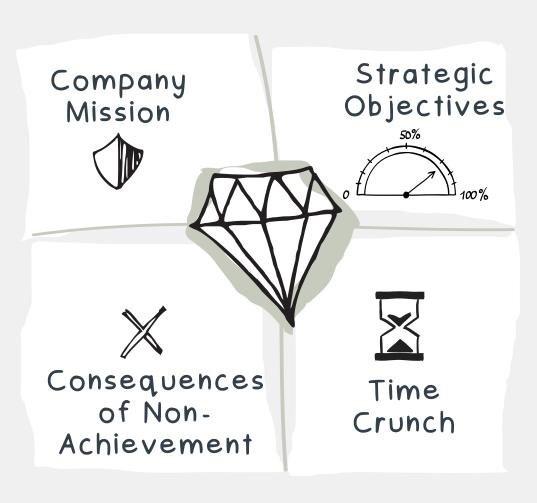


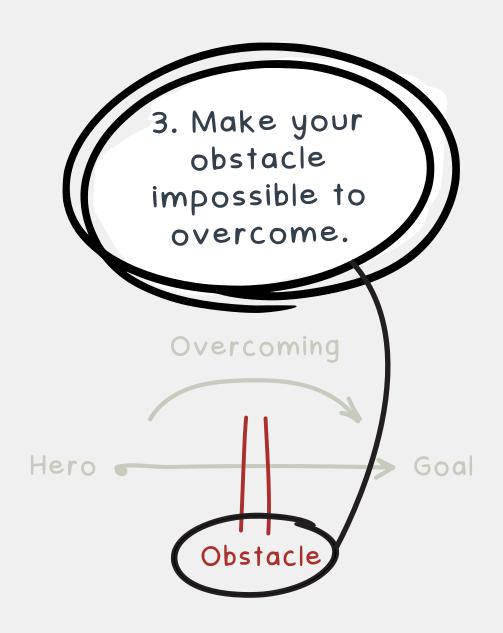
Characterize your hero with as many of these traits as possible.





If your hero isn't willing to give up everything to achieve his goal, then the audience won't care.



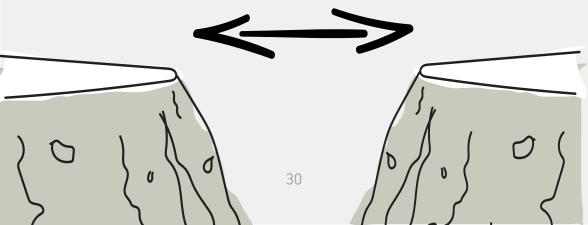


This part is **frustrating** for you and your audience.

But it's essential.

Without an obstacle, there is no **tension**, and there is no story.

Make this gap as wide as possible





Aristotle said that an ending must be both **unexpected** and **inevitable**.





Make it inevitable by having it **follow logically** from the setup.

Make it unexpected by doing so **in a creative way**.



Remember:



(1) Make your hero likable.



(2) Make your goal absolutely necessary.

(3) Make your obstacle impossible to overcome.



(4) Make your overcoming awesome.

Now it's your turn.



Go forth and storyfy.

Thanks for reading!

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